FLUIDITY TIME		
	MONDAY	TUESDAY
10 AM	OPENAT 11AM	OPENAT 11AM
11 AM	<section-header><section-header></section-header></section-header>	<section-header></section-header>
12 PM		
1 PM		
2 PM		
3 PM		
4 PM		
5 PM	ELEMENTS DEVELDEVELDEVELDEVELStateStateDEVEL<	<section-header><section-header><section-header><section-header><section-header><section-header><text></text></section-header></section-header></section-header></section-header></section-header></section-header>
6 PM		
7 PM		ADULT BEGINNER
8 PM		COURSE 7:30 - 8:30PM
KEY CLASSES OPEN SESSIONS		

$\mathsf{NETABLE}2023$

WEDNESDAY

OPEN AT

11AM

MIXED OPEN

> ADULT **DROP IN** 7 - 8:30PM

YOUTH **DROP IN** (7 - 11 YRS) 5:30 - 6:30PM

NINJAS 4:15 - 5:15PM

MIXED

OPEN

LITTLE

THURSDAY

OPEN AT 11AM

MIXED OPEN

HOME ED CLASS 12:30 - 1:30PM

> HOME ED OPEN **1:30 - 3PM**

MIXED OPEN

ELEMENTS LEVEL 1 4:30 - 5:30PM

ELEMENTS **LEVEL 3&4** 5:30 - 6:30PM

INCLUSIVITY OPEN SESSION 6:30 - 7:30PM



FLUIDITYFREERUNACADEMY FLUIDITYFREERUNCREW

SATURDAY

LITTLE NINJAS

NINJAS **OPEN**

EXCLUSIVE USE PARTY **12 - 2PM**





FRIDAY **OPEN AT 11AM**

MIXED OPEN



FUNKY FRIDAYS ADULT CLASS 7 - 8:30PM

CONTACT@FLUIDITYFREERUN.CO.UK



02920470535

8 PM

7 PM

6 PM

5 PM

4 PM

3 PM

2 PM

1 PM

12 PM

11 AM

10 AM



OPEN

6 PM

CLOSE

MIXED



TEEN **DROP IN** EXCLUSIVE

USE

YOUTH **DROP IN**

SUNDAY