ILUIDITY TREERUN TIMETABLE 2024 **MONDAY TUESDAY** WEDNESDAY **THURSDAY FRIDAY SATURDAY SUNDAY OPEN AT** OPEN AT **OPEN AT OPEN AT OPEN AT** DEFENDE YOUTH ATTACK CONTINUES **10 AM** 10 AM **11AM DROP IN 11AM 11AM 11AM 11AM PRIVATE NINJAS PRIVATE** PRIVATE **TEEN** PRIVATE **11 AM 11 AM SCHOOL SCHOOL SCHOOL SCHOOL OPEN DROP IN GROUP! GROUP! GROUP! GROUP!** 11 - 12:15 11 - 12:15 11 - 12:15 11 - 12:15 **EXCLUSIVE EXCLUSIVE 12 PM 12 PM HOME ED** USE USE **DROP IN PARTY PARTY** 12:30 - 1:30PM 1 PM 1 PM 12 - 2PM 12 - 2PM **MIXED MIXED MIXED MIXED** HOME ED **OPEN OPEN OPEN OPEN OPEN 2 PM 2 PM** 1:30 - 3PM **MIXED 3 PM 3 PM OPEN MIXED MIXED** AMOUS C **HAPPY HOUR** HAPPY HOUR **OPEN OPEN 4 PM** (ONE HOUR OPEN SESSION FOR £5) (ONE HOUR OPEN SESSION FOR £5) **4 PM FUSION** TRICKS&FLIPS 4:00 - 5:00PM 4:00 - 5:00PM 4:15 - 5:00PM (7 - 16 YRS)4:30 - 5:30PM 4:30 - 5:30PM YOUTH DROP IN **FUSION** 6 PM 6 PM **5 PM** HA **5 PM** TEVEL2 (7 - 11 YRS) **CLOSE CLOSE** SQUAD FUSION 5:00 - 6:00PM FUSION 5:15 - 6:15PM TRAINING LEVEL 1 LEVEL2 FFA 5:30-6:30PM 5:30 - 6:30PM **COURSES** TRICKS&FLIPS 团型与形 5:30 - 6:30PM CHECK WEBSITE FOR 6 PM dumps! 6 PM (18+ ADULTS) **ACTIVE COURSE** APE FITNESS 6:00 - 7:00PM FUSION 6:30 - 7:30PM 6:30 - 8:00PM 764A55/ LEVELS 6:30 - 7:30PM 6:30 - 7:30PM **ADULT PRIVATE HIRE 7 PM** FUNKY **7 PM** WORLD CHASE TAG **DROP IN FOR EVENTS WORLD ADULT** TRICKS&FLIPS STAG/HEN FRIDAYS **DROP IN** CHASE TAG OR WORK TEAM **INTERMEDIATE** (16+ ADULTS) AIR TRICK JAM **BUILDING?? BEGINNER** TEAM TRAINING & LIMITED DROP IN CLASS ADULT CLASS ADVANCED **CONTACT US!** EVENING INTERMEDIATE **8 PM 8 PM** 7 - 8:30PM 7:30 - 8:30PM 7:30 - 8:30PM 7PM - 8:30PM 7 - 8:30PM FLUIDITYFREERUNACADEMY KEY CLASSES OPEN SESSIONS CONTACT@FLUIDITYFREERUN.CO.UK © 02920 470535 FLUIDITYFREERUNCREW

